



[www.rhythmdance.com](http://www.rhythmdance.com)



Welcome to Rhythm 2022!

Thank you, so much, for successfully adding your information to DanceBUG!

## COVID-19 PROTOCOLS

Everyone entering the building, no matter the age must wear a mask in all parts of the building except for when performing on stage.

The performance area for these purposes is the lit area of the stage after exiting the side legs.

Tables will be provided in the legs on both sides of the stage for performers to place masks (in a re-sealable bag labelled and provided by your studio).

When you leave the performance area (enter the legs to exit the lit area), dancers will pick up and put on their mask before exiting the stage area. This policy is to prevent unmasked dancers, who are breathing heavily when they come off stage, from interacting with people backstage.

**We hope our studio directors will take responsibility to provide labelled, re-sealable bags for each dancer to place their masks in.**

Studio directors, please encourage your dance families to respect the blocked off sections in the theatre and not try to use those seats. Our volunteers are seniors, as are Donna, Julie and I and it is important that we keep our distance as much as possible. We also have staff and dancers at Rhythm Guelph, who are vulnerable. Thank you for your co-operation in this matter as we all try to create a safe environment for all who visit the Centre during these times

**Rhythm Dance asks for a PARTICIPATION & COVID WAIVER from the Dancers, Dance Teachers and Studio Directors. This will be emailed to each studio and must be signed and returned prior to our event.**

## JUDGES

We are excited to work with Aly Apter, AJ LoPresti and Kim O'Neil at Rhythm Waterloo at RR.

## STUDIOS

Please check to make sure I have listed your studio and location correctly, as this is how your studio name will appear in the complimentary programs.

- A Davenport Dance Project ~ Waterloo**  
*Directors: Sue MacDonald & Lori Karges*
- B Emotion Dance Company ~ Guelph**  
*Director: Michelle Nicholson*
- C Crystal Lake Conservatory ~ Simcoe**  
*Director Heather-Ami Cook*
- D Niagara Ballet School ~ St. Catharines**  
*Director: Chelsea Wainwright*
- E Rhythm Plus Dance Company ~ Stoney Creek**  
*Director: Trish Thompson-Creamer*

# HOTELS

Our Host Hotel in Guelph is Staybridge Suites 519.767.3300. There are other hotel choices listed on our website.

# PROPS

Are strongly discouraged and if used, should be small enough for the dancers to carry themselves.

# SCHEDULE (not in studio blocks)

You will receive the PRELIMINARY schedule in an excel document through DanceBUG.

**The times on the schedule are approximate because we do not know the exact timing until changes are made and your music has been uploaded to DanceBUG.**

**Please email any questions or concerns about the schedule to me at [Nancy@rhythmdance.com](mailto:Nancy@rhythmdance.com)**

When checking the schedule, please note the entry number in the middle of the document.

If you have any conflicts or changes, please include the entry # so it is easier for me to find. Please check the following:

1. Make sure all your entries are on the schedule.
2. Spelling of song titles and names ~ only solo, duet/trio dancers' names will be the program.
3. Make sure that there is a **minimum of 5 numbers (15 minutes) for costume changes** for each dancer.
4. Please remember our time limits: **Solos and Duet/Trios are 2:45 and Groups are 4 minutes. Extended groups are 4 – 6 minutes.**

**Changes must all be done before the program goes to print.**

Studio directors, please notify Nancy at [nancy@rhythmdance.com](mailto:nancy@rhythmdance.com) of any **necessary changes before March 22.**

# PARKING <https://riverrun.ca/plan-your-visit/directions/>

- Event parking at designated locations is \$5.50 upon entry. Please use the above link for the locations of the designated parking garages.
- **There is no onsite parking at the River Run Centre.**

# MUSIC

Music is played by a theatre Technician from backstage. Please upload your music to your DanceBUG account as soon as you can but **BEFORE MARCH 25**

Please format your music in MP3 format so we can use it with our playback software without us having to change the format.

It is a good idea to bring your music on USB for backup.

**Please be aware that downloading music from i-tunes, often creates an MP4 format. We need it in MP3format**

**A free program for converting your music to MP3 can be found at <https://www.videolan.org/index.html>**

# DRESSING ROOMS

We will assign dressing rooms and will be using the entire Studio Theatre as well for change room space. We will notify you where your studio will change for the weekend so you can pass on this information to your families. The Rehearsal area will be in the front lobby. We are trying hard to minimize the volume of people in the change rooms. **PLEASE** encourage your parents to stay out of the dressing rooms unless they have a dancer under the age of 10 who needs help. **PLEASE** use the dressing rooms only for costume changes and minimal make up touches only. This is not the year to have elaborate hair and makeup changes. It may help to assign a change room helper to each of your companies to assist with costumes.

# AWARDS SESSIONS

We are asking for your co-operation with our AWARDS policies, please, Studio directors. ONLY dancers who perform in that session will be invited on stage to sit in a cluster away from other studios. The other dancers from the session may sit in the orchestra seats, just in front of the stage. We will not be tossing out our swag as we have in previous years, and will hand deliver our swag to each cluster of dancers. ALL dancers on stage at AWARDS must be masked.

When an age division is final, we will award overalls, so your families do not have to wait for a long AWARDS session Sunday, when the competition is complete.

**Upon arrival, please direct your dancers to Julie's table in the lobby for them to pick up their Rhythm dance medal on a lanyard and complimentary program. Remind your dancers that they must be masked except when performing on stage.**

**We shall provide 1 free program for every dancer and will not have programs or merchandise for sale. Teachers and studio directors will also receive a complimentary program. It may be a good idea to write the dancer's name on the program that each dancer will sign for. Our running order will be on the DanceBUG app and all dances will be live-streamed.**

# LIVE STREAMING

We will live stream all our events through the DanceBUG app. Please encourage your dancers who have extended family, especially grandparents, to upload the DanceBUG app and watch from the safety of their own homes to help us minimize the volume of people in the building and help keep everyone safe.

Doors are open 1 hour prior to start time. Wednesday at 3:30 p.m. and Thursday at 8:00 a.m.

We are really looking forward to finally having the opportunity to work you and your team at the River Run in Guelph. Please pass on this info to your dancers and families so there are no surprises, and we can all work together to have a successful weekend!

Good luck with your choreography and cleaning!

Best Regards,  
Nancy & Donna